



APPLY FIRST AID (Formerly senior first aid)

This competency unit *Apply First Aid HLTF311A* describes the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders, until the arrival of medical or other assistance.

Course Contents:

- DRSABCD Action Plan
- Managing the Unconscious Casualty
- Cardiopulmonary Resuscitation (CPR)
- Use of an Automated External Defibrillator (AED)
- Medical emergencies
- Trauma Emergencies
- Bites & Stings

Course Inclusions:

- Active First Aid Manual
- CPR resuscitation mask key Ring
- A4 display certificate
- Plastic wallet card

Duration:

Option 1:

Mixed mode – 8 hours classroom training and assessment combined with completion of a workbook online prior to course attendance.

ASSESSMENT METHODS:

- Multiple choice quiz
- Progressive practical assessment

PREREQUISITES:

- Participants must be 14 years of age or over

AWARD ISSUED:

- Successful participants will receive a Statement of Attainment

RECERTIFICATION:

- Legislative approval valid for 3 years from the completion date
- Annual refreshers recommended to maintain current CPR skills

WHAT CAN I DO NEXT?

- **HLTF412A** Apply Advanced First Aid
- **HLTF403C** Manage First Aid in the Workplace

NOTES:

- Online workbook need to be completed before attend classroom training.
- Due to the practical components of the course, participants are advised to wear comfortable casual attire.
- This unit of competency is nationally recognised and is registered on www.training.gov.au/. Training.gov.au is the official national register of information on Training Packages, Qualifications, Courses, Units of Competency and Registered Training Organisations (RTOs).
- This competency unit *Apply First Aid HLTF311A* is conducted in conjunction with Healthcorp Pty Ltd RTO # 91222

